

## Secrets Of Marma The Lost Secrets Of Ayurveda A Comprehensive Text Book Of Ayurvedic Vital Points

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### Secrets Of Marma The Lost

In various emails to the board of the DIG in Erfurt, he called me a "crusader" and compared my methods to the secret service of ... as they called it. I have lost my confidence in this ...

### Why Did a Vice Chairman of the DIG Resign?

Only the most experienced therapists are qualified to perform marma, and whereas their Swedish massage and shirodhara were absolutely sublime, the centre offers unusual therapies like the ...

### Detoxification with Panchakarma treatment

Unlike other massage, this technique often employs two masseurs to stimulate marma points - or energy pathways - found on our body where our flesh, veins, arteries, bones, joints and tendons meet up.

### Four more types of massage

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