

## Understand Psychology Teach Yourself How Your Mind Works And Why You Do The Things You Do

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### Understand Psychology Teach Yourself How

Yet, how do we teach openly? Constitutional law on religion and free speech provide some protections for professors and students. Professors should create lively debate, but in an inclusive way. A lot ...

### Psychology Today

We spoke with negotiation and influence expert Andres Lares about his new book, "Persuade," and how it applies to interviews and meetings.

### How to Be Persuasive in Video Interviews and Virtual Meetings

In a thoughtful and down-to-earth way, Timothy B. Stokes overturns old formulas-and many Freudian concepts-for achieving personal change. During one's ...

### What Freud Didn't Know: A Three-Step Practice for Emotional Well-Being through Neuroscience and Psychology

Every year, students across the United States take standardized tests such as the Measures of Academic Progress (MAP) exam. Schools, like the one where I teach in Wisconsin, rely on these ...

### To Teach Students to Read, Give Them Something Worth Reading

This book offers original, pedagogically sound, classroom--tested activities for teaching statistics and research methods that engage students, teach ...

### Activities for Teaching Statistics and Research Methods: A Guide for Psychology Instructors

What I needed was to understand the science behind the term we all take for granted. What does it mean to be a perfectionist? Is it a good strategy? What makes perfectionism more intense? Are there ...

### What women know about the science of perfectionism

Social media can be a tricky terrain to master sometimes, for brands as much as for individuals. Teodora Gavrilut, Chief Operating Officer at Creatopy, looks at some of the best practices for making ...

### Control or delete? How brands can avoid social media cyclones

The ability to influence other people can be learned—at least according to author Jon Levy. Best known as the founder of the Influencers Dinner—an exclusive dining experience created in 2009 that ...

### How to Make Meaningful Connections in the Age of Zoom, According to the Author of You're Invited

In the age of Zoom schooling, few researchers' work resonates quite like Richard Mayer's. A distinguished professor of psychology in UC Santa Barbara's Department of Psychological and Brain Sciences, ...

### Psychology Professor Richard Mayer Named 2020-21 UCSB Faculty Research Lecturer

Although he thinks we're living through "the golden age of the individual investor," O'Shaughnessy says the basics of investing remain mostly unchanged.

### Wall Street legend Jim O'Shaughnessy talks Bitcoin, the psychology of stocks, and what young people should know about investing

Knowing the most common mistakes Virgos make in relationships and how to avoid them can make your romantic life flow a lot easier.

### The Top Mistakes Virgo Makes In Relationships (& How To Avoid Them)

Confident and compassionate, elephants serve as an incredible example for leaders who want to develop and lead better.

### What Elephants Can Teach Us About Being Great Leaders

Want to grow your wealth, have enough money to retire and live a happy life? The first step is to identify and understand your money personality type, says financial psychology expert Ken Honda.

### There are 7 money personality types, says psychology expert—how to tell which one you are (and the pitfalls of each)

During the pandemic, educators have been forced to tackle a new challenge: teaching in-person and virtual students at the same time.

### 'It's Hard To Split Yourself': Milwaukee Area Educators Adjust To Hybrid Teaching

As the founder and director of Australian Style Institute, Lauren has built an incredible institution that nurtures some of Australia's brightest stylists.

### How I Do It: Australian Style Institute's founder on why creativity isn't enough in fashion

The modelling industry puts tremendous pressure on girls to be thin. I was still in school when I developed anorexia.

### How anorexia held me hostage- Miss India Kenya 2015 tells it all

Early on in our photographic career, it seemed as though every photo we took was a new masterpiece. It was clear that I was meant to be a photographer by the awe-inspiring photos I was taking of the ...

**How Do We Keep the Honeymoon Passion After the Novelty Wears Off?**

Gestational surrogacy occurs when a woman carries a pregnancy that was made with another woman's egg and another man's sperm, so the surrogate has no genetic relation to the baby. In traditional ...

**I've been a surrogate for 5 families: Here's what I want people to know about the process**

Since the coronavirus pandemic swept across the globe, Alma Martinez has been tossed between the extremes of tempest and doldrums. Her mother lost her job, so Martinez found work as a Starbucks ...

**'I forgot what normal is' — how students are dealing with depression, anxiety, a lost year**

My six-year-old is eating pizza and rambling about a video game friend when suddenly racial trauma rears its head ...

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